

SHOP

Get the best men's custom shirts at **Sew**, 229A Mott Street, near Prince Street (212-686-1630). Two shirt minimum.

For deals on the finest antique rugs, broadlooms and more go to the **Stark Carpet Outlet**, Norwalk, CT (203) 899-1771.

Looking for a Ouija board? Stop by Brookly's **Blue Ribbon General Store**. They have just about everything you need and more. www.blueribbongeneralstore.net (718) 522-9848.

EAT

Angelina's Ristorante, 97 Lake Ave, Tuckahoe 914-779-7944

Café of Love, 38 E. Main St, Mt. Kisco 914-242-1002

Casa Brusco, 219 Main Street, Eastchester 914-346-5170

E. Sushi, 17 E. Hartsdale Ave, Hartsdale 914-682-6688

Half Moon, 1 High Street, Dobbs Ferry, 914-693-4130

Hito Asian Bistro, 106 Westchester Ave, White Plains 914-428-2626

Lola's Tea House, 130 Fifth Ave, Pelham, 914-738-2100

Rye Roadhouse, 12 High Street, Rye 914-925-2668

Sammy's Downtown, 124 Pondfield, Bronxville 914-337-3200

Via Quadronno-199 Main Street, White Plains 914-288-9300

Wild Ginger, 10 Park Place, Bronxville 914-337-2198

GO

Spend an afternoon hiking, foliage watching or at the spa in Monteverde at **Oldstone Manor**. This 29-acre estate with six new garden rooms and a restaurant overseen by Allen & De-lancey's Neil Ferguson is the perfect get-away spot this Fall. Cortlandt Manor, NY (914) 372-1212

City slickers why not head to **Dunton Hot Springs**, a fully refurbished ghost town in the heart of the Colorado Rockies. Enjoy luxurious accommodations and end a day of adventure with a soak in the natural springs and a hot rocks massage or a yoga class. www.duntonhotsprings.com

Get away from it all with a Mexican get-away at Rosewood Mayakoba. This hot Riviera Maya beach/jungle luxury resort offers unbelievable beaches, turquoise water and the superluxe Sense Rosewood Spa. For information visit www.rosewoodmayakoba.com.

FALL CALENDAR



SEPTEMBER

9/6, Big Apple Performing Arts Festival, 7th Avenue from 47th - 57th

www.nycstreetfairs.com

9/11-21, San Gennaro Feast, www.sangennaro.org

9/28, Lexington Avenue Fall Festival, from 34th - 42nd

www.nycstreetfairs.com

9/7-10/26, Sundays Bike & Skate on the Bronx River Parkway

www.nycroads.com/roads/bronx-river

Norwalk Seaport Oyster Festival 9/5-7

www.seaport.org

9/15-11/2, Pumpkin Picking, Hayrides, 3-acre corn maze, New Paltz,

www.countrycharmfarm.com

9/19-9/21, Fall Crafts at Lyndhurst, Tarrytown, www.artrider.com

OCTOBER

10/11, Eight Avenue Autumn Festival, from 42nd - 57th

www.nycstreetfairs.com

10/13-10/17, Shekys's Girls Night Out Shopping Party, The Puck Building,

293 Lafayette Street www.shekys.com.

10/1-10/31, New Rochelle's Haunted House, every Oct. weekend

10/9-10/12, New York City Wine & Food Festival

www.nycwineandfoodfestival.com

10/24, Boofest at Lyndhurst Mansion, Tarrytown

www.lyndhurst.org/calendar.html

NOVEMBER

11/9, Radio City's Christmas Spectacular, www.christmas.radiocity.com

11/2, Fall Back! Daylight Savings Time Ends,

11/2, ING New York City Marathon www.ingnycmarathon.org

11/4, Election Day. Get Out and VOTE!

11/17, The Pond & Holiday Shops at Bryant Park,

www.thepondatbryantpark.com

11/22-1/11, Holiday Train Show, New York Botanical Gardens

www.nybg.org/exhibitions.php

11/27, Macy's Annual Thanksgiving Day Parade

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insider's view

Fall 2008



Notable News Near & Far



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Did You Know?

...yapta.com will search for the best price for you before you buy an airline ticket. Then it will send an alert to you if the fare drops so you can get a refund or a voucher. www.yapta.com.

...you can keep track of how long that jar of half-used pasta sauce has been in your fridge? Stick a digital **DaysAgo monitor** onto the lid of a jar or container after it's been opened. This reusable gadget, attached by a suction cup or a magnet, counts the days for you. To buy: www.howmanydaysago.com.

...members of the **Coney Island Polar Bear Club** (718-356-7741) have been diving into the Atlantic Ocean every Sunday from October to April since 1904. Ice dipping is said to fight sagging...Go to www.polarbearclub.org.

...you don't have to lug that heavy bag or fight for overhead space in the airplane any more. Now with Luggage Forward's signature service **Luggage Liasion**, your baggage is retrieved from your home prior to departure and is delivered to your room (and unpacked, if requested) before you arrive. For more information www.luxurycollection.com/luggage.

...**Fruccall** is a mobile comparison shopping service which gives you access to online prices while you are shopping in retail stores. Call 1-888-363 7822.

...now there's a site that offers men personal shopping advice on what women want. For a membership fee of \$20, **GiftGirl** allows customers to peruse its gift collections. Shoppers can also create profiles that send reminder messages for upcoming birthdays and anniversaries. www.giftgirl.com

...there are millions and millions of **online blogs**. Here's a list of some that are worth the read: www.apartmenttherapy.com for home decorating ideas; www.lifehacker.com for tips on how to use technology to make life simpler; www.well.blogs.nytimes.com for practical pointers on sleep, sex, diet, kids' well-being and more; and www.intelligenttravel.typepad.com who focus on exotic travel destinations and lesser-known attractions.



Going Green

Plant a tree - Just one tree produces enough oxygen for a family of four in one year. In addition, trees are the most effective means of drawing excess CO₂ from the atmosphere. Go to www.unep.org/billiontreecampaign for more information on the UN's Environmental effort to plant 1 billion trees worldwide.

Cut the wire - There are Eco-Hangers available free at participating dry cleaners. These hangers feature nature scenes and are made from 100 percent recycled and recyclable paper. They can replace some of the 3.5 billion wire hangers used in the United States. Learn more at www.hangernetwork.com.

Clean up your dishwasher - Switch to a dishwashing powder that's biodegradable and plant-based (try Ecover Ecological or Trader Joe's powders). These cleansers cut through grime, but they do it without the bleach and phosphates that threaten river and marine life and leave chemical residue on your dishes.

Install a better showerhead - If you have a wrench, you can preserve the diminishing fresh-water supply and reduce expensive water-heating costs. Install faucet aerators and high-efficiency showerheads and in a year's time you'll save between 1,000 and 8,000 gallons of water. Bonus: the added air makes the water pressure feel greater, too.

Give

Walk for a cure at **Light the Night**, a hike at Bear Mountain State Park held by the Westchester/Hudson Valley chapter of the Leukemia and Lymphoma Society. September 27 visit www.lighththenight.org/wch for more info.

City Harvest will pick up leftover unused refrigerated food & flowers from your catered events and donate them to soup kitchens, food pantries, homeless shelters, senior citizen centers and other places with those in need. Go to: www.cityharvest.org to find out more.

Halloween

Greenwich Village Halloween Parade, October 31st at 7:00pm. 6th (Avenue of the Americas) and Spring St. Parade runs on 6th to Broome Street and crosses Houston, Bleecker, Christopher and Greenwich ending at 21st Street.

Bronx Zoo, Boo at the Zoo, Weekends in October. Black panthers and bats welcome children for this annual event. Bronx Zoo Wildlife Conservation Park, Bronx River Parkway. www.bronxzoo.com

Broadway Openings

A Tale of Two Cities, opens September 18th at the Hirschfeld Theater. Jill Santoriello's musical inspired by the Charles Dickens classic.

Equus, September 25th opening at the Broadhurst Theater. Starring Daniel Radcliffe and Richard Griffiths in the transfer of the recent London revival of the Peter Shaffer play about a troubled stable boy.

To Be or Not to Be, opens October 2nd at the Biltmore Manhattan Theatre Club's World premiere of Nick Whitby's 1939-set black comedy centering on a German acting troupe.

Billy Elliot, at the Imperial Theatre opening October 16th. This new Elton John-Lee Hall musical is based on the film of the same name about a working-class boy's dream of becoming a ballet dancer.

Museums

American Museum of Natural History "GOLD," celebrates the precious metal in both its natural form and in artifacts ranging from pre-Columbian jewelry to Academy Awards. Opens 11/18. www.amnh.org

Museum of Modern Art "Van Gogh & the Colors of the Night," 9/21-1/5 www.moma.org

Metropolitan Museum of Art "New York N. Why?," Photographs by Rudy Burckhardt, 1937-1940 www.metmuseum.org